

# Christina James Ink

## *Eyeliner*

For the first 24 hours try not to get the eyeliner wet. Use ice as often as needed to help reduce swelling, bruising and pain. You can use Paracetamol within the first 48 hours, for pain relief. Swelling should recede after 3-4 days. If it persist and/or you see discharge please seek medical attention. These can be signs of infection. Avoid scratching, picking or touching the treated area. NO cosmetics on eyes for 7 days.

## *Lips*

Swelling will go down after 3-7 days. Ice helps to reduce swelling and ease tenderness. Be careful of hot drinks or strong colored foods and drinks for the first 2 days. Use Aquaphor continuously for 6 weeks to keep lips hydrated. You do not want dry, cracking, bleeding lips. Remember they will change colors while healing. Avoid picking at or introducing any bacteria to the treated area. Lipstick is very drying so avoid during healing.